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♦40th ANNIVERSARY WINTER CONCENTRATION OF MOTORCYCLES "VILLA DE ROTA"

Organized by" *Moto Club Roteño Los Camalenes*" Day: from 31st January to 2nd February -Military exhibition -Raffles and gists -Exhigition classic motorcicles -Acrobatic display -Covered camping -Live music and Dj -Online registration -Tourist promenade

motoclub.com

♦ GAME4PLAY

E-Sports+Gaming Days: 18th and 19th January Saturday 11am to 8pm Sunday 11am to 6pm <u>Place: Sport área Antonio Barriento "Chispa". Diputación avenue, 162</u> <u>Price: 2€</u> <u>Game4play.es/rota</u>

♦ FLEA MARKETS

CENTRAL MARKET

Traditional tents From Monday to Sunday from 8am to 2:30pm Festivities and Sundays opening from 9am to 2pm *(opening at the discretion of the stores) <u>Gastronomic tents</u> From 1st november to 15th june Monday to Thursday-Closed Friday and Saturday from 12am to 4pm and from 8pm and 11pm Sunday from 12 to 5pm From 16th june to 31st october and festivities Monday to Sunday from 11:30am to 4pm and from 8pm to 12pm

NORTH MARKET

From Monday to Sunday: from 8am to 2.30pm Festivities and Sundays opening from 9am to 2pm* *(opening at the discretion of the stores)

SECOND HAND MARKET

Date: Every Sunday Timetable: from 8.30am to 2pm Place: Carlos Cano Av. (next to taxi stop entry Naval Base) Organized by Association *Rastrillo de Rota*

♦ COURSES, SCHOOLS AND WORKSHOPS

PLASTIC ARTS WORKSHOP "LAMURUBE LABORATORIO DE ARTE"

More information Tel.655 341 717 LaMurube Art-Lab. / Catavino de Oro Avenue, LOCAL 1

SCHOOL NWC NORDIC WALKING CÁDIZ

School of Nordic waling dedicated to health Beginners. Nordic walking class Learning the technique of Nordic Walking is very important to get the maximum benefits out of the sport. More information: Sara Peist 620 846 225

PICKLEBALL REBALLUTION ACADEMY

Place: Hotel Playa de la Luz Contact 650314741 Ernesto

MUNICIPAL SWIMMING POOL

Adults and children's courses and parents with babies Free swimming More information: 956 816188

CLUB SURF EDUCA CAMP

Nautical initiation Camp Technical Camp Surf Technical Camp Children's Camp in Punta Candor Manuel Sánchez Román Tel. and whatsapp: 619 743 800

MUNICIPAL SWIMMINGPOOL

Aquarunning Maintenance swimming Swimming for health Swimming for adults with more than 65 years old Baby familiarization courses and for children since 15 years old Free swimming from 7pm to 10pm More information: 956 816188

SURF EDUCA CLUB

SAIL SCHOOL Place: Next to Playa de la Luz Hotel. SURF SCHOOL Place: Costa Ballena More information: www.clubsurfeduca.com / 619 743 800

SPORT DIVING COURSE "CAPITÁN GARFIO"

Duration: all year. The course includes didactic material, federative license and insurance, theorical and practical courses in swimming pool and sea, diving equipment. Age: from 14 years old and knowing to swim. TEL: 661576761 / 658693181 / 695282176

DIVING COURSE BY CLUB URTA

Baptisms,courses and specializations Tel. 618264430 Email: cnurta@hotmail.com

DIVING CLUB BY SUB-BAIFORA

Specializations and adapted diving E-mail. subbaifora@gmail.com Tel: 657 781 719

"SEVILLANAS" DANCE COURSE. "MUJERES ANTE EL MUNDO" ASSOCIATION

Monday and Wednesday from 11.30am to 12.30pm Information: 643 032 118 Sargento Céspedes Street

"SEVILLANAS" DANCE COURSE. OFELIA MÁRQUEZ

From february 2025. Monday from 9pm to 10.30pm www.ofeliamarquez.es Albert Einstein Street, 7 Information: 671859481

"SEVILLANAS" DANCE COURSE. LAURA PIRRI

Saturday from 11.30am to 1.30pm Academia de baile de flamenco Laura Pirri Calle Navalcán Tel. 625 21 46 47

FLAMENCO CLASSES FOR ADULTS

Starting in January 2025. Mondays and Wednesdays from 7 pm to 8pm and 8pm to 9pm www.ofeliamarquez.es 7, Albert Einstein Street Reservations: 671859481

"BULERÍA" DANCE COURSE

Starting in January 2025. Saturdays from 11:00am to 12:30pm www.ofeliamarquez.es 7, Albert Einstein Street Reservations: 671859481

FLAMENCO GUITAR COURSE BY ISMAEL HEREDIA

All levels and for all ages Information: herediaguitarra@gmail.com Tel. 680191851

<u>BATUCADA CAIPIRIÑA</u>

More information Tel. 664779807

♦ LEISURE AND FREE TIME CLUB "RECREATIVO DE ROTA"

Pilates, Zumba and Strong Nation + Toning Information: Tel. 677172261

♦ YOGA CANDOR IN ROTA

Yoga workshop. Vélez de Guevara Street. 9. Web: www.yogacandor.es/ @yogacandor / @yogaenrotaconchus E-mail: chus@yogacandor.es Chus: 662.390.177

YOGA NIDRA (MEDITATION AND RELAXATION) Saturdays

From 10am to 11.30am.

OTHER WORKSHOPS Introduction to Yoga: Saturdays from 10am to 12pm.

AYURVEDICOS MASSAGES

It's necessary to book in advance

ACTIVITIES IN COSTA BALLENA

♦ COSTA BALLENA OCEAN GOLF CLUB GOLF LESSONS

Days. From Wednesday to Sunday. Contact number: 956 84 70 70 It's necessary to book in advance.

♦ SURF LESSONS "CLUB SURF EDUCA"

Surf, Surf Pro, surf rentals Place: La Ballena Beach. Peña del Águila Street, Costa Ballena (next to the Beach Bar *Sol y Luna*) Registration: info@clubsurfeduca.com. Tel. 619743800 Facebook: Club Surf Educa

YOGA

YOGA CANDOR

AA.VV. Río Albero (above Mercadona in Costa Ballena).
La Ballena Avenue (Costa Ballena).
Web: www.yogacandor.es / @yogacandor / @yogaenrotaconchus E-mail: chus@yogacandor.es
Tuesdays and Thursdays at 10am.
Saturdays alternates at 10am.
Tel. information 662.390.177

YOGA IN COSTA BALLENA WITH CHUS for Children, Adults, Partners, Families Old people. HATHA Yoga, VINYASA Yoga, Yoga PREGNANCY y POST-PREGNANCY Yoga restaurative, Yoga in FAMILY, Yoga NIDRA, RELAX, MEDITATION y MINDFULNESS. * YOGA ON LINE *

MASSAGE "AYURVEDAS" Skull, Face and Back.

YOGA WITH SATCHIT ANANDA ASSOCIATION Days: Monday and Wednesday.

Timetable: 9.30am to 11am and 7.30pm to 9pm Place: Costa Ballena. Tel: 656 991 754

♦ NEIGHBOURHOOD ASSOCIATION RÍO ALBERO

Place: Río Albero Association Room (above the supermarket Mercadona in Costa Ballena) Information: Rocío Atienza 656991754 / Arancha 664 356 091

VINYASSA FLOW YOGA CLASSES (IN ENGLISH)

Classes outside, on grass, by the sea Morning: 9:30am to 10:30pm. Evenings: 7:30pm to 8:30pm Contact: Dave on whatsapp 663444925

COSTA OCIO": ACTIVITIES TO LEARN AND ENJOY

SPORT CAMP, SOCCER TOURNAMENTS, GUIDED BIKE TOURS AND WINE TOURS

Comercial Center El Lago. Peña del Águila 2, local Bajo, 31 ocioytiempolibrecostanoroeste@gmail.com www.costaocio.com Tel. 696 275 241

• COSTA BALLENA TOURISM OFFICE Ġ 🍀

Next to the Bus Station. Juan Carlos I Avenue. Tel. 956 84 70 10 or by mail: oficinaturismocostaballena@gmail.com From Monday to Friday from 10am to 2pm

♦ GUIDES VISIT TO THE LUNA CASTLE

Saturdavs at 1pm Price 2€ adults / 1€ children Information and reservation. Toursim Office. Compás del Convento Street, 10. T. 956 84 63 45. E-mail: turismo@aytorota.es Reservation is mandatory

♦ OPENING HOURS OF THE MONUMENTS

MUNICIPAL PALACE CASTILLO DE LUNA 💆 👯 🔥

From Monday to Friday from 7:30am to 3pm and from 5 pm to 9pm. Saturdays from 10am to 2pm and from 5pm to 9pm. Sundays from 9am to 3pm Address: 2, Cuna Street

OUR LADY DE LA O CHURCH 🔊 👯 🔥 From 8am to 1pm and from 6pm to 8pm

Address: Bartolomé Pérez Square.



From Monday to Friday from 11am to 1pm and from 6:30pm to 8:30pm. Saturday: from 11am to 1pm. Saturdays afternoon and Sundays is closed Address: Andalucía Square.

SAN ROQUE CHAPEL 🕏 👯

From Monday to Friday from 10am to 1pm and from 6pm to 8pm. Saturdays from 10am to 1pm. Saturdays afternoons and Sundays is closed Address: San Roque Square.

BOTANICAL GARDEN CELESTINO MUTIS Timetable: from Tuesday to Sunday from 10am to 9.30pm without a break. Address: De la Diputación Avenue, 37.

🔶 ROTA TOURISM OFFICE 🕏 🍀

Merced Tower, Compás del Convento Street, 10. Tel.: 956 84 63 45 From Monday to Friday from 10am to 2pm and from 5pm to 7:30pm. Saturday from 10am to 1pm. E-mail: turismo@aytorota.es www.aytorota.es - www.descubrerota.com



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